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AMSCOPE

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11 Loving Gestures To Make Your Dog's Last Chapter a Happy One

Dr. Karen Shaw Becker



Organizations like Muttville, a California-based nonprofit founded by Sherri Franklin, are trying to change that. At Muttville, older dogs get a second chance at life. Each year, about 1,000 older dogs are rescued from shelters and adopted or placed into foster care or a hospice program by Muttville.

“At most shelters, seniors are more difficult to find homes for, and shelters reach out to Muttville to find homes for their older dogs, many who would otherwise be euthanized,” the organization explains.¹ According to Franklin, every dog who comes to Muttville gets veterinary care to give them the best quality of life possible.

For dogs that are terminally ill, Muttville’s “Fospice” program, which is hospice and foster combined, pairs the dogs with families to care for them and covers the cost of palliative care. “We thought we wouldn’t have a lot of people who would actually sign up for something like this. And what I get back from people in our

Fospice homes is how rewarding it is to give an animal a happy last chapter,” Franklin told CNN.

This is such an important point, one that every pet owner can benefit from. Caring for your senior pet gives you a chance to give back to your best friend, and many people find doing so gives them a sense of pride and purpose, while your pet will be forever grateful. During this chapter of your pet’s life, some special attention, using the tips below, will go a long way toward helping her maintain her **quality of life**.

11 Tips to Care for Your Senior Dog

1. Consider the Use of Ramps — If your dog has mobility issues that make getting up on your bed or couch difficult, try adding a ramp or stairs so she doesn’t have to jump. This can also help prevent injuries in aging dogs.

2. Take Precautions to Prevent Injuries — If your dog is having trouble with balance or vision, consider gating off stairways or adding safety treads to prevent slipping. Be sure to add rubber grippers under any throw rugs to prevent falls. Cover slick surfaces with yoga mats to prevent slips, trips or falls.

For dogs with failing vision, you’ll also want to avoid rearranging furniture, which can make the space difficult for your pet to navigate, and use extra care to ensure they don’t wander off when they’re outside.

3. Keep Your Pet Active — Senior pets still need exercise. In fact, exercise requirements increase as pets age, due to muscle atrophy issues. You’ll need to watch for signs of pain, and you may need to start slowly with a short walk, gradually increasing the distance as your pet’s endurance grows. If you’re looking for more of a challenge, obedience training is a great way to engage your dog’s brain and body at the same time.

4. Stimulate Your Dog’s Mind — An aging dog can still **learn new tricks!** **Nose work**

is one great option that can give older dogs necessary mental stimulation and daily movement without being overly fast-paced. This is my favorite activity for aging dogs, hands down, because it does wonders for cognitive, emotional, mental and physical wellbeing.

5. See Your Veterinarian Twice a Year — Aging dogs typically need to see their veterinarian twice a year to monitor for any changes to their health. The **senior pet wellness screen** is an excellent tool for early detection of changes in your dog’s health so that treatment, including appropriate lifestyle changes, can begin immediately.

Regular wellness screens allow your veterinarian to compare current test results with past results to check for changes that may need further investigation and allow for early treatment should any diseases or illnesses be uncovered. You should also keep a close eye on your pet’s condition, including noting any new lumps, skin issues or other subtle signs of illness.

6. Watch for Signs of Pain — Arthritis and degenerative joint disease become more common with age, so watch for **signs of pain**, such as trembling, not putting weight on a leg, crouching, changes in appetite, restlessness and excessive panting, and get him checked out by your veterinarian if you think pain is an issue.

The sooner you address discomfort, the sooner you’ll stop the underlying degenerative process that’s causing the pain. If your pet suffers from chronic pain, some options that may be helpful in reducing pain include:

- Chiropractic
- **Therapeutic massage**

LOVING GESTURES....cont’d on p.. 2

The deadline for the September issue is August 10

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LOOK

Please let me know if you make a change

* **DECALS & PINS.** You can get AMSC decals (\$1.00) and replacement pins (\$7.50) from

Jacquelyn Ebersbach
3721 Eastview Avenue
West Palm Beach, FL 33407
saxonyms@comcast.net

***LOCAL CLUBS...**please be sure to include all information when sending Specialty tear sheets for inclusion in AMSCOPE e.g. Judges, dates, entry, obedience.

***Local Clubs...PLEASE send your newsletter and website link to the following members of the Regional Club Newsletter & Website Committee**

Ronnie Smith - Chair
150 W. Linda Vista Road
Grants Pass, OR 97527
541-415-1415
schnauzer@q.com

Leslie Gault Mendelsohn
105 Elderberry Court
Lexington, SC 29072
803-917-0804
zrules426@aol.com

Susan Quinn
48226 Revere Drive
Macomb, MI 48044-5014
586-532-0725
quinndixie@gmail.com

Report all changes to the Roster to

treasurer@AMSC.us
Bonnie Keyes
511 River Terrace
Endicott, NY 13760
(607)742-3828

LOVING GESTURES...from p. 1

· Helping your pet stretch

· Acupuncture

· Laser therapy

Always remember long before your dog requires natural pain medication he or she should be on chondroprotective agents (CPAs). CPAs markedly slow the rate of joint degeneration and are key at proactively preventing arthritis from occurring. If your vet has recommended pain management of any kind, always ask what supplements they're concurring recommending to slow down the underlying reason your dog needs pain meds.

7. Get Your Dog a Comfy Spot to Sleep

— A natural soft or orthopedic dog bed is essential for any aging pet. She'll need somewhere comfortable to rest in other than the floor, so be sure she has a cushiony spot (preferably made of organic materials that aren't off-gassing flame retardants) to call her own.

8. Keep Your Pet at a Healthy Weight

— Obesity in pets is associated with osteoarthritis, intervertebral disc disease and cranial cruciate ligament (CCL) injuries in the knee joints, all of which can make getting around more difficult for your aging pet.

It also places excess strain on joints and muscles, which can exacerbate injuries and pain. Losing even a small amount of weight can make a major difference in your dog's mobility, even encouraging more active play sessions and exercise. Always give overweight animals CPAs to slow premature joint degeneration.

9. Care for Your Dog's Teeth — Regular brushing and professional teeth cleanings can keep your dog's teeth healthy. Oral disease, left untreated, can cause or worsen systemic diseases in your pet as well as be painful. Contrary to popular belief, many older dogs (and cats) can still safely go under anesthesia to have their teeth professionally cleaned. Make sure to check with your vet about how anesthetic monitoring is performed during your pet's procedure and recovery period.

10. Adjust Your Dog's Diet — All dogs need to eat a whole, unprocessed species-appropriate diet, but aging pets typically need more protein than younger pets. The more digestible and assimilable the protein is, and the higher the moisture content of the food, the easier it will be

for aging organs to process. For more details, read my past discussion of which foods are best for senior pets.

11. Consider Supportive Supplements

— There are a wide range of supplements that can be added to your dog's diet to help maintain healthy tendons, ligaments, joints and cartilage as they age. These include:

- Glucosamine sulfate with MSM and eggshell membrane
- Omega-3 fats (krill oil)
- Ubiquinol
- Supergreen foods like spirulina and astaxanthin
- Natural anti-inflammatory formulas (curcumin, proteolytic enzymes and nutraceuticals)

Supplements for brain health may also be useful, including krill oil and other healthy fats, including MCT oil, as well as a source of SAME (S-adenosylmethionine). Other supplements to consider are SOD (superoxide dismutase) and resveratrol (knotweed). Ginkgo biloba may improve blood flow to the brain. Phosphatidylserine and ubiquinol, which is the reduced form of CoQ10, feeds your pet's mitochondria and improves cellular energy.

What Does Your Senior Dog Want Most of All?

Perhaps most important of all, your aging pet wants to spend time with their favorite person: you! Time is precious, but never more so than when you're showing love and affection to your senior pet. Whether you're playing a game of fetch or giving your dog a belly scratch or doggie massage, the time together will make your pet feel cared for and loved all while strengthening your bond.

10 Things You Need in Your Pet First Aid Kit

When a pet emergency strikes, the last thing you should be doing is scrambling for items you need. Assembling a first aid kit for pets will give you the peace of mind that you'll be prepared in case of an emergency. Make sure to check your cat first aid kit or [dog first aid](#) kit every six months or so to make any necessary replacements or updates.

Here are 10 supplies you should always have stocked in your first aid kit for pets.

1. Emergency Contact Card

Use a contact card to write down the phone numbers for your veterinarian, a 24-hour emergency clinic and animal poison control. If you have to leave your pet with a sitter, a copy of the card can be left with them.

It's also a good idea to keep a copy in your wallet. There are products available, like the Imagine This Company "Rescue Our Pets" decal and wallet card, that include stickers and wallet cards where you can write down the types of pets you have and emergency contacts. The stickers can be placed at each entrance to your home for emergency responders, while the wallet card can be kept in your wallet or purse at all times.

2. Blunt-Tipped Scissors

A pair of scissors can be an overlooked element in a first aid kit for pets, but without them, it's often difficult to administer care. Whether you're removing hair near an injury or applying bandages, scissors always come in handy.

Look for blunt-tipped scissors, such as the ConairPRO dog rounded-tip shears. You don't want to accidentally nick your pet when cutting close to the skin. This is particularly important when trimming hair near the eyes, nose or ears.

3. Bandages

Bandages are staples in any dog first aid kit or [cat first aid](#) kit. In many cases, the bandage you place after an injury will be temporary until you can get to your veterinarian. Even so, it serves a vital role by providing support and preventing contamination.

Make sure bandages are snug enough so that they won't fall off but not so tight that they compromise blood flow.

You can make bandaging easier by choosing a self-adhering bandage, such as the Andover Healthcare PetFlex paw print dog, cat and small animal bandage. This bandage won't stick to skin or fur and is made with a material that applies

pressure while reducing the chances of cutting off circulation.

4. Sterile Eye Solution

It's scary to think of chemicals or foreign objects being anywhere near your pet's eyes. If an irritant finds its way into the eye, the animal is likely to scratch or rub and make it worse.

Since eye injuries can be true emergencies, consult your veterinarian before attempting any treatment at home.

If you are told to flush your pet's eye, you'll want a good rinse close at hand. While generic eyewashes are widely available, a few have been designed to address the specific needs of dogs and cats, like Nutri-Vet cat eye rinse and Burt's Bees dog eye wash solution.

5. Latex or Rubber Gloves

When providing first aid for pets, gloves are essential items to have. In addition to protecting yourself, using gloves helps decrease your pet's risk of infection. It's surprisingly easy to accidentally contaminate an animal's wound.

Consider keeping multiple sets of gloves in your kit. One pair could rip, or you might need the assistance of another person.

6. Plastic Syringe

Anyone who has tried to give liquid-based oral pet meds to a fidgety pet knows the value of a syringe. A needleless syringe can also be used to give oral fluids to a dehydrated pet, or you can use it to flush out and clean a wound.

Make sure to keep your syringe sealed up and clean until you need it. The Four Paws easy feeder syringes come with two separate tips, providing flexibility for use. If you need to give your pet a thicker medication, opt for a tapered tip.

7. Medications

Depending on your individual dog or cat's needs, you may need to have specific medications (including prescription medications) in your first aid kit for pets, but make sure to keep an eye on those expiration dates.

In addition to any prescription medications, it's also practical to stock your kit with a couple of standard remedies.

Styptic powder is used to stop mild bleeding, particularly if a nail has been broken or cut too close to the quick. Miracle Care Kwik-Stop styptic powder for dogs, cats and birds includes benzocaine, which helps ease pain.

Another first aid kit classic is hydrogen peroxide. With permission from your

veterinarian or a poison control professional, it can be used to induce vomiting.

8. Tweezers

When a sharp object, such as a thorn or piece of glass, becomes lodged in a pet's skin, it can be difficult, if not impossible, to remove with just your fingers. Tweezers are the easier, safer and more sanitary choice.

You may also need tweezers for tick removal. When pulling out a tick, you need to grab it as close to your pet's skin as possible—a feat that is much simpler with tweezers.

An option like the TickEase tick removal tweezer tool will make this unpleasant task a little easier.

9. Antiseptic Wipes

Using *antiseptic* wipes or rinses on your pet's wound will minimize the risk of infection. Wipes are especially convenient for cleaning around the face or in-between the toes.

If you're assembling a kit for both dog and cat first aid, look for products like the Pet MD chlorhexidine antiseptic dog and cat wipes. They are sting-free and safe for both species.

10. Digital Thermometer

Measuring your pet's temperature can help you understand how serious their condition is. When consulting your veterinarian over the phone, it will also be good information to convey.

For stress-free insertion, apply a petroleum or water-based lubricant to the end of the thermometer. If possible, have someone gently restrain and distract your pet while you lift the tail only as far as necessary to slide only the metal tip of the thermometer into your pet's *rectum* (approximately one-half inch). Make sure you purchase a thermometer that reads up to at least 105 degrees Fahrenheit.

11. Treats (Bonus Item!)

If you're in a situation that requires first aid for pets, chances are good that your pal could use a distraction. That's where [dog treats](#) or [cat treats](#) come in—as long as your pet can safely eat, of course. Do not feed pets who are vomiting, are unable to swallow normally, are having seizures or are mentally impaired.

If you'd like an option that serves the *dual purpose* of being a tasty treat and medicine-hider, try Greenies Pill Pockets canine chicken flavor dog treats or Greenies Pill Pockets feline salmon flavor cat treats.

By: Dr. Jennifer Coates, DVM

NEW APPLICANTS

LISA K MILLER

6186 Rosecommon Drive
Peachtree Corners, Georgia 30092-1850
r-lmiller@comcast.net
770-361-1776

Lisa has been involved with Miniature Schnauzers since 1997, more than 20 years.

She has been showing three of her dogs very successfully in Conformation and Performance Events.

She is not a breeder, but has raised several litters which she has co-owned with Hilde Haakensen.

Lisa attends 20+ dog events a year, most recently Schnauzerpalooza 19' where she helped out with Agility Top 25 Event. She belongs to Atlanta Obedience Club, (Agility Trial Chair for years), Canine Capers Agility (Hospitality for AKC Shows),

AMSC 2016-2017 (membership accidentally lapsed). Lisa is interested in helping our club out with Rescue, Membership, Agility, Barn Hunt, Rally and Fast Cat. She has excellent computer skills, and is a people person.

Lisa's Sponsors are: Barbara Donahue and Marie Murphy

VICKI L DAY

8240 West Briden Lane
Peoria, AZ 85383
623-910-2900

v-day@jmda-architects.com

Vicki has been involved with Miniature Schnauzers for 16 years. She currently owns seven (7).

She is a breeder and breeds occasionally for her own line.

She has bred 2 litters.

She is showing in conformation.

She attends 8 events a year.

She belongs to the Cactus State Miniature Schnauzer Club, Glendale, AZ and has held offices as Director, Show Chairman, Membership, and is currently President.

Vicki is retired. She would like to assist our club with Public Awareness and Education.

She has experience in Computer Skills and Leadership Skills.

Vicki's sponsors are: Dee Ann Simpson and Ginny Fagan



Who's a Good Dog?

Behind Canine Baby Talk

Are you a dog owner that uses baby talk with your pup? The good news is that you're not alone, and even better news is that there's a scientific reason for doing it!

Speaking in an exaggerated manner, what we know as 'baby talk', is believed to help infants learn how to speak. Baby talk has a different pitch from regular adult speech, words are shorter and simpler and easier to learn as a result.

Some researchers also believe that baby talk plays an important role in building and enhancing the emotional bonds between parents and their babies.

But we're not teaching our dogs to speak so why do we often use baby talk to speak to them and does it make a difference?

A study published last month in the journal *Animal Cognition* suggested that using baby talk with dogs improves their attention and may strengthen the bond between humans and their pets.

A lot of dog owners (ourselves included) speak to our dogs as if they're babies. But this isn't driven by impulse, research studies have shown that baby talk and pet talk are a little different. So the reason we use the doggie version of baby talk is because we're attuned to speak to the level of the animal or person we're talking to, perhaps not even realizing why we do it.

So how is dog talk different to baby talk?

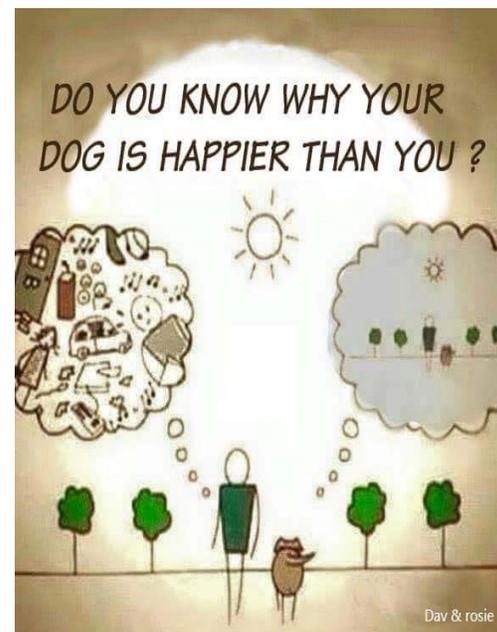
There are some important differences between baby talk and the canine version. The biggest of these is that baby talk contains a lot more sentences with specific information, to teach children about language and their environment.

When speaking to our dogs we use four words per sentence while human adult sentences contain around 11 words. The reason for this is we use commands and ask a lot more questions of our dogs than if we're speaking to a human. We don't expect the dog to answer or learn something from speaking to them.

Interesting baby talk dog facts:

People ask twice as many questions to dogs than other humans, even though they don't expect the dog to answer. 90% of pet-talk is spoken mostly in the present tense because people talk to dogs about what is happening now - twice as much as they do with humans. We're 20 times more likely to repeat ourselves to dogs than we do to humans.

If you're a dog owner who doesn't use baby talk, there's no need to be concerned or feel you need to start! Your dog loves you whether you use baby talk or not. If you do use baby talk, don't be ashamed, there's a scientific reason behind your use of baby talk.



Montgomery Week- Homewood Suites Hotel Reservation Information

The AMSC has again contracted with Homewood Suites and they are accepting reservations for Montgomery week. For those that have not joined us in the past, the Homewood Suites Valley Forge is located at 681 Shannondell Blvd, Audubon, PA 19403 and is conveniently located near restaurants, shopping and major roadways.

The 2019 room rates are:

\$139 for studio suite (1 King bed with pullout sofa)

\$159 for one bedroom suite (1 King or 2 Queen with pullout sofa rooms)

\$189 for two bedroom suite (1 King and 2 Queen with pullout sofa)

Book your rooms by Sept 12, 2019 to guarantee these rates. An additional 10% room tax applies. There is a \$75 non-refundable pet fee per room; guests are to sign the pet policy at check-in. Compared to 2018, the studio and 1 bedroom suite rate remained the same; the two bedroom suite rate increased \$10 per night. Due to popular demand by members and show goers, we managed to secure more of the 2 Bedroom Suites for 2019!

Guests may book one of two ways:

Call the hotel at 610-539-7300 and mention you are booking with the American Miniature Schnauzer Club, group code AMS

Go online to: www.homewoodsuitesvalleyforge.com and under the reservations tab enter the group code AMS.

Questions.... call or email me.

MCKC Hospitality

Barbara Donahue

215-896-9666

barbaramd_2000@yahoo.com

MCKC Silent Auction and Garage Sale Donations Needed

Looking to reduce your collection of Schnauzer decorations? Are you a talented artist or craftsperson? Consider donating items for the annual MCKC Auction and Garage Sale being held at the member meeting and reception on Saturday Oct 5th. Money raised through this fun activity is designated for the Trophy Fund.

It would be appreciated if members contact me by mid September (sooner is better!) with a list of items they want to donate. Photos and an estimated value are appreciated so we can pre-price items.

If you are not attending MCKC but want to donate items, a member in your geography that is coming to the show may be able to bring your items.

MCKC Hospitality

Barbara Donahue

215-896-9666

barbaramd_2000@yahoo.com

MCKC Member Meeting and Reception Reservations

Check next months AMSCOPE (and the website) for details on making your reservation for the Member Meeting and Reception. Semplice Catering will once again be our caterer and we'll offer a cash bar.

The nominating committee has selected the new slate of officers and board members:

John Constantine for President

Vicki Kubic for Vice President

Kaye Kirk secretary

Bonnie Keys treasure

Barbara Donahue Delegate

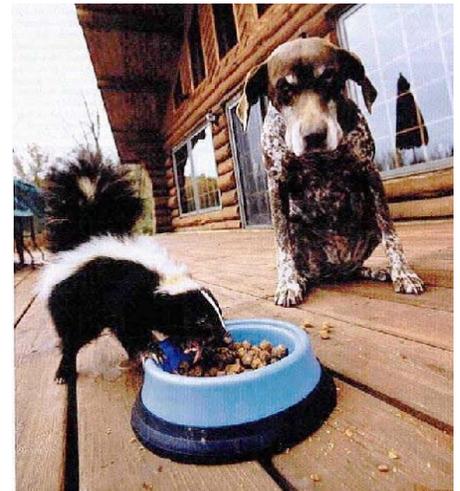
Board ending in 2023

Debbie Herrell

Sue Ratz

Laurie Moore

Wyoma Clouss



patience and wisdom

Swimming with Your Dog: Water Safety Tips

Planning to spend time poolside with your pooch this summer? Most dogs love to play in the water. In fact, many have an innate ability to “dog paddle” or at least tread water. During the dog days of summer when the heat and humidity are high, swimming and other water activities can be great ways for your best friend to stay cool and get some exercise.

Whether you have a backyard pool, live by a dog-friendly beach, or even just like to play with a garden hose and sprinkler, it’s important to remember that water safety isn’t just for humans—it’s important for dogs, too. Dive into these safety tips, so you can enjoy splashing around with your best friend all summer long.

Swimming for Dogs

If you’re going to take your dog into the water, you need to first take into consideration whether your dog is up for swimming and water games. Although most dogs love the water, not all of them do. In fact, most puppies and some breeds are known to be quite water shy, including Chihuahuas, Dachshunds, Pomeranians, Shih Tzu, and Chinese Cresteds.

There are also certain dog breeds that don’t typically swim well, such as those with short snouts like English Bulldogs, Boston Terriers, and Pugs. Check with your veterinarian to be sure your dog can safely swim. Also, never, ever try to force your dog into the water if she seems afraid.

Dog-Friendly Areas

Before playing in the water with your dog, you’ll also need to make sure the beach or pool is dog-friendly. Start off with your dog on a leash. Look for a shallow area where the water and activity levels are calm. Pool owners will want to have steps or a ramp that your dog can easily climb. Show your dog how to get out using the steps and practice until she understands where the exits are and how to get out.

From there, you can play around with your dog to see if she is enjoying herself. Let her go at her own pace to decide if this is an activity she would like to continue. Never leave your dog unattended around water, even if the water is only shallow. For pool owners, make sure you have a fence around your pool, as puppies, especially, can easily fall in.

Dog Life Vests and CPR

Regardless of whether your dog is a strong swimmer or scared of the water, pet parents should consider investing in a life vest for their furry friend. The right fit, buoyancy, handles, and bright colors are all important considerations when choosing the right jacket. While a life jacket can keep your best friend afloat, you should be able to pull your dog out of the water by the handles and the color should help you easily see her from a distance. Pet parents should also consider taking a dog CPR class as well.

Dehydration and Water Intoxication

Swimming and water games are great ways for your dog to exercise but can leave you with a pooped pooch. When swimming or playing water games, be careful not to overdo it. Give your best friend lots of rest breaks in a shaded area and provide her with plenty of fresh water, so she doesn’t become dehydrated or end up drinking from the lake, river, pool, or ocean. These bodies of water may be filled with chemicals, bacteria, and parasites that can make your best friend sick if she drinks it.

Along with dehydration, watch for signs of water intoxication. It’s a rare condition, but it can happen to any dog, especially if she “bites at” or laps up the water. Water intoxication comes from swallowing too much water and can progress quickly, so watch your dog for lethargy, vomiting of water, coughing and “foamy” spit, dilated pupils, or difficulty breathing. If she has any of these symptoms after playing in the water, call your vet or get her to an animal ER as soon as possible.

After getting out of the pool or ocean, remember to rinse your pooch off with fresh water before the salt or chlorine dries on their fur. These can not only irritate her skin, but she can also ingest these items when licking her fur.

Water Activities

Once you and your dog are confident and used to the water and swimming, it might be time to have some fun splashing around in the water with your pooch. Here are some easy activities to safely enjoy the water with your best buddy.

- **Water games.** Most land games can be easily adapted for water play. For instance,

playing fetch with a stick, Frisbee, tennis ball, or other toy is just as enjoyable—if not more so—when you take to the water.

- **Canoeing.** Taking to the river in a canoe is a nice, peaceful way to enjoy the water with your furry friend. Canoeing is relaxing and allows opportunities for your dog to jump out occasionally and splash around. Be careful where you dock, though, and watch out for sharp rocks or strong currents.
 - **Dock jumping.** If you know of a dog-friendly lake that has a dock and an easy way to get back to land, let her jump off and make a big splash. You might have to jump off first to show her how!
 - **Towing.** If your dog is strong enough, teach her to tow you around in an inner tube. It’s equally fun for both of you!
- Surfing.** This one is only for dogs who have proven swimming abilities. If you have a board and like to surf, you may be able to teach your dog how to catch a wave alongside you



Can Dogs Smell Fear?

Have you ever noticed that when you are feeling fearful, your dog becomes more attentive and clingy?

Have you also noticed that your dog may behave differently around people who like dogs versus people who are afraid of dogs?

Dogs have an incredible sense of smell, but can they smell fear? And if so, how?

Is It True That Dogs Can Smell Fear?

The science is in, and the answer is a resounding YES—dogs can smell fear. Dogs have *olfactory* superpowers that can detect a human’s emotional state by the scent that a human emits. That’s right—you can’t hide fear from dogs. They’ve got your number!

Until recently, the idea that dogs can smell fear was only a theory, but a study called “Interspecies transmission of emotional information via chemosignals: from humans to dogs” actually proves that dogs (or at least Golden Retrievers and Labrador Retrievers) can smell human emotions and respond accordingly.

When a person gets scared, their sweat glands will start secreting moisture,

especially in the armpits. This sweat contains chemical signals that dogs can pick up on.

Can Dogs Smell the Difference Between Fear and Happiness?

Researchers correctly postulated that dogs would respond differently to human odors that were emitted under different emotional states—namely, fear and happiness.

In the study, dogs were exposed to three stimuli—their owner, a stranger (the control) and an odor dispenser. Dogs were assigned to different odor conditions randomly.

They collected odors from humans in three different emotional states: fearful, happy and neutral (no sweat). The odors were collected from the armpits of random male donors who were not otherwise involved in the experiment procedures.

The dogs were then observed for responses, including behaviors directed at the three targets, stress behaviors and heart rate. Researchers found that when the dogs were exposed to “happy odors,” they interacted more with the stranger and had lower heart rates.

In contrast, when the dogs were exposed to the “fear odor,” they displayed more stress behaviors and had higher heart rates associated with the fight, flight or freeze response—a bodily response of the *autonomic nervous system* that is essential for adaptation and survival.

The dogs also sought more reassurance from their owners and interacted with the stranger less than the dogs that were exposed to the “happy odor.”

Researchers concluded that chemosignals—odors that we emit in response to our emotional state—communicate across species to dogs. So, if we are scared, they can smell it and get scared, too.

What Your Dog’s Senses Can Tell You About Your Own Emotions

Dogs can help us recognize our own emotional states. Many people who have chronic anxiety may not even be aware that they are walking around in fight, flight or freeze mode.

Fear..cont’d on p. 8

AMSC Annual Montgomery Reception/ Member Meeting Reservation Form

Sat. Oct. 5, 2018 at the host hotel, Homewood Suites, 6
Reception is from 6:30 PM to 9 PM“\$20.00 per person“

Member Name(s) _____

Guest Name if known _____

Total # of reservations _____

Am’t enclosed \$20 x _____ = Total \$ _____

Mail form and check to:
“Bonnie Keyes- AMSC Treasurer
511 River Terrace Drive
Endicott, NY 13760



AMSCOPE

Carla M. Borrelli, Editor
1799 South Creek Road
Derby, NY 14047-9729

UPCOMING SPECIALTIES

Milshore MSC July 26 2019
Sweepstakes: Tim Malueg
Regular Classes
Show 1 John Constantine Amodei
Show 2 Julie Felton

AMSC SPECIALTIES

Montgomery County 2019
Regular Classes - Brian Bogart
Sweepstakes Classes - Carla Nickerson
Roving Specialty April 11, 2020
Sacramento, CA
Regular Classes - Mrs Marcia Feld
Sweepstakes - Gail Wilford

Montgomery County 2020
Regular classes - Mrs Bergit Kabel
Sweepstakes - Cheryl Coffman

Fear...from p. 7

A dog that's in tune with how you exhibit stress or fear can help signal the onset of these emotions and help you better work through feelings of anxiety.

It's also important to acknowledge that dogs can feed off of your energy. So, try to temper your mindset throughout tense situations—say, like at your next vet visit—to help keep your pet more at ease.

Your mental health and that of your pet are both important. If you take note of how your dog is behaving, you might learn more about your own mood and mental state than expected.

By: Dr. Sarah Wooten

Anyone interested in placing an ad in the Montgomery County KC catalog please contact Amy Gordon

Cost is \$75 for full page,
\$40 half page,
\$10 extra per photo.

Due Date is 8/25/19.

Please contact
Amy Gordon
561-371-0011
aragonms@att.net

FOR YOUR CONVENIENCE: The following information is given to help conduct AMSC business more efficiently. Please remember that the Secretary and the AMSCOPE editor should **BOTH** be notified of address changes, club officers and specialty results.

PRESIDENT

Carole Weinberger
5897 Buford St,
Orlando, FL 32835
Phone: 407-822-8103
bandsman@earthlink.net

VICE PRESIDENT

Patti Henderson
3870 Yellowstone Way
Liborn, GA 30047
Phone: 678-344-1683,
cell 404-401-1173
aristosms@comcast.net

SECRETARY

Kaye Kirk
5528 North Barnes
Oklahoma City, OK 73112-7729
405-245-2099
ostategop@gmail.com
secretary@amsc.us

MEMBERSHIP

Jacquelin Ebersbach
3721 Eastview Avenue
West Palm Beach, FL 33407
Phone: 561-644-8420
saxonyms@comcast.net

TREASURER

Bonnie Keyes
511 River Terrace
Endicott, NY 13760
(607)742-3828
treasurer@amsc.us

AMSCOPE

Carla Borrelli
1799 South Creek Road
Derby, NY 14047
Phone: 716-572-7010
cborr@aol.com

AMSC Web page: <http://amsc.us>

AKC home page: <http://www.akc.org/akc/>