

# AMSCOPE

Newsletter of the AMERICAN MINIATURE SCHNAUZER CLUB Member of the American Kennel Club

June 2016

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# Issue 6

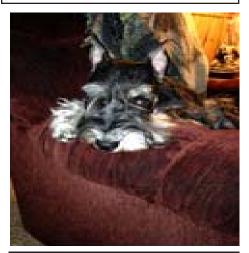
# Treasurer's Report From MINUTES of May AMSCope Abbreviated 2015 Finabcial Statement

**Income** - all Sources \$31,398.78

**Expenses** - all Sources \$35,410.80

**2015 Loss** (\$4,012.02)

Any AMSC member may, upon request of the Treasurer, receive a detailed copy



The deadline for the July issue is June 16.

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By Rita Hogan Once fleas are in your house and on your dog, you've got a lot of crappy work ahead of you ...

... flea baths for your dog, washing every bit of fabric in your house, vacuuming everything under your roof. And you'll probably have to do this more than once.

Wouldn't life be easier if those fleas never appeared on your dog in the first place? It's a whole lot easier to prevent fleas from infesting your dog and your home than it is to get rid of them once they've taken over.

But I've got some good news. I'm going to give you my best home remedies for fleas.

But first, let's start with the outdoors and try to keep the fleas out of your home and off of your dog so you'll never have to use my remedies.

#### Keeping Fleas Out Of Your Yard

Nematodes are your best friend when it comes to keeping your yard flea-free. If fleas aren't in your yard, they're less likely to find their way onto your dog.

Beginning in mid-March through April, when soil temperatures rise above 45 degrees, if you start thinking about yard care you can stop fleas before they get your dog.

#### What Are Nematodes?

Nematodes are tiny wormlike multicellular animals found in the soil. There are a lot of different kinds of nematodes, good and bad. The good ones we're talking about here are beneficial in controlling many garden pests like ants, termites and grubs — but they also eat fleas!

They can be found at many garden centers and online. I pre-order mine from Arbico Organics to ensure their arrival in early spring. They usually arrive ready to use; you just add water as directed on the package, and then you can spray them throughout your yard using a hose sprayer or even a watering can.

Since nematodes are a live organism, you need to use them quickly after they arrive. Apply them in the spring, and ideally again in summer and fall to keep your yard flea-free.

#### Other Tips For Your Yard

Most people who know me will tell you I'm not a fan of mowing or lawns in general. However if you live in a flea prolific area, you need to keep your lawn cut short.

But you should consider planting a container garden full of lemon balm, sage and rosemary. These plants can repel fleas and deter them from entering the house.

You can also make small changes in your house to keep fleas away.

#### **Protect Your Home**

1. Steam cleaning your carpets in the spring can really get you off to a good start in protecting your home from fleas.

2. Vacuum at least once a week in all areas. Immediately empty the vacuum bags or throw out canister debris in an outside garbage container.

Plus, try these natural remedies to keep fleas away, in your yard, indoors, or on your dog ...

#### **Diatomaceous Earth**

Diatomaceous earth (DE) is a non-toxic powder made up of fossilized organisms called diatoms that break apart flea eggs and dry them out before they can grow into adult fleas.

Spread diatomaceous earth outside in your

cont'd p. 2, col 2..FLEAS





Please let me know if you make a change

\* DECALS & PINS. You can get AMSC decals (\$1.00) and replacement pins (\$7.50) from

Stephanie Davis Rae 148 Dover Way Vacaville, CA 95687 Iuvwaltdisney@att.net

\*LOCAL CLUBS...please be sure to include all information when sending Specialty tear sheets for inclusion in AMSCope e.g. Judges, dates, entry, obedience.

\*LOCAL CLUBS...PLEASE send a copy of your newsletter to the following members of the Local Club Bulleting Committee.

#### **Chair: Laurie Moore**

1785 Ocean Blvd. #312 Coos Bay, OR 97420 swdesign@ymail.com

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#### Report all changes to the Roster to treasurer@AMSC.us Bonnie Keyes 511 River Terrace Endicott, NY 13760 (607)742-3828

#### FLEAS ... from p. 1

yard wherever your dog spends most of her time.

If you have carpets in your house spread the powder all over and vacuum after 48 hours. Do this once a month during flea season.

You can purchase DE at most holistic dog supply stores, health stores and garden centers. Make sure you're buying food grade DE which is safe for humans and animals. Don't buy pool grade DE which is heat treated and turns the silicon dioxide that's in DE into crystalline silica, which can be toxic to humans and animals. Pool grade DE should only ever be used for filtration purposes.

CAUTION: DE can irritate your lungs so wear a mask when you're applying it.

#### Garlic

Fleas don't like garlic, so it's a natural flea repellent that's safe to use in the yard and with your pets.

Here's a recipe you can make to spray in your yard when flea populations are reaching epic proportions.

Garlic Water For Your Yard

What you need:

8 heads of chopped garlic (there's no need to peel it for this recipe) 1 gallon of almost boiling water

How to make it:

- Place the garlic in an extra large soup pan and pour the water over the top
- Cover and let the mixture steep for 12 hours
  Pour through a strainer into a garden sprayer
- Lightly spray your lawn and garden area

Note: When treating your yard with garlic, just give everything one light spray. If used too heavily, garlic might harm some of those beneficial bugs you do want in your hard, so just give everything a light spray and don't soak your grass or plants in the liquid.

#### Garlic For Your Dog

You can also use small amounts of garlic as an internal flea preventative.

Now you might be screaming, "No, I'll hurt my dog!"

Yes, garlic can be harmful if you use really huge amounts (equivalent to 75 cloves of

garlic for a 70 lb dog) but garlic is safe to use if you use fresh garlic and feed the right amount ... and it has many health benefits for your dog.

Always use organic fresh whole clove garlic and avoid garlic supplements.

You can safely give your pet <sup>1</sup>/<sub>4</sub> clove of garlic per ten pounds (use regular sized garlic, not jumbo).

If your pet weighs less than ten pounds, cut a 1/4 clove of garlic in half and give ? of a clove.

No matter how big your dog is, I prefer not to give more than two cloves of garlic per day. So if you have a hundred pound dog, still give her only two cloves of garlic.

Start feeding garlic one month prior to the start of flea season and you should find the fleas stay away.

Read more about the health benefits of feeding your dog garlic.

Apple Cider Vinegar

Fleas don't like a dog that is pH balanced.

Raw unfiltered apple cider vinegar (ACV) creates a more acidic environment outside and balanced alkalinity on the inside, making it a must-have for flea season success.

Feed your dog ½ teaspoon of ACV per day per 25 lbs. ACV contains important nutrients, vitamins, minerals, vital acids and potassium.

Tip: Test your dog's urine with pH strips before adding ACV to their food or water. Dogs should have a pH between 6.2 and 6.5.

Apple Cider Vinegar Flea Spray Recipe

Your dog's skin and coat should be slightly acidic for fleas to find him inhospitable. You can easily achieve this by spraying your dog each week with the following solution.

What you need:

4 oz warm water 6 oz ACV, unfiltered and preferably organic ¼ tsp of sea salt or pink Himalayan salt

#### How to make it:

Mix the ingredients in a small spray bottle and spray your dog's coat and underbelly weekly, avoiding the eyes or any open wounds.

Cont'd on p. 3.. WORMS

# June 2016

#### FLEAS ...from p. 2 Essential Oils

Unless you're willing to mix your essential oils with a carrier oil (a vegetable oil used to dilute essential oils), don't use them.

Many people, blogs and companies advocate water-suspended essential oils for fleas. This practice is dangerous.

Water can't safely disperse essential oils. If your essential oils do mix with water, they've been diluted with a solvent and you shouldn't use them.

Chemistry is chemistry and anyone who tells you otherwise is misinformed.

There are some natural substances that dissolve essential oils, but for do-it-yourself flea and tick sprays, I suggest using a thin carrier oil like grape seed oil. Mix one drop of essential oil to one milliliter of carrier oil.

Here a few flea repelling essential oils:

- Lavender
- Lemon
- Palmarosa
- Cedar (atlantica)
- Eucalyptus (radiata)
- Clary sage
- Peppermint

Don't use essential oils of wintergreen, pennyroyal and clove ... they can be toxic for your dog. You'll also want to avoid any products that use these oils.

A note about bandanas or collars infused with essential oils: While this may be a useful idea, make sure the essential oils are diluted and please take off the bandana after your dog comes inside.

Everyday Flea Repellent Recipe

Here's my favorite everyday flea spray that's lightly scented and very effective if you use it consistently.

Mist your dog under the belly, tail and legs with this spray before she goes outside.

What you need:

- 1 organic lemon
- 2 sprigs of fresh rosemary
- 1 sprig of garden sage (Salvia officinalis)

1 quart of filtered water

#### How to make it:

- Slice the lemon into thin rounds
- Place the lemon, rosemary and sage in a large stainless steel or glass bowl
- Make a tea by adding a quart of almost boiling water
- Cover and let steep overnight
- In the morning strain the liquid into a spray bottle
  Refrigerate (lasts 1 to 2 weeks)
- Reingerate (lasts 1 to 2 weeks

#### Health Is The Best Defense

This last recommendation is probably the most important of all.

Fleas are parasites and parasites seek out the weak and unhealthy.

This means if your dog is healthy, fleas will leave him alone and jump on your neighbor's dog instead!

The most important ways to keep your dog glowing with good health is to feed him a healthy diet full of fresh whole foods and unprocessed proteins.

Good diet is the foundation of good health.

In particular, supply him with plenty of B vitamins (found in most meats, organ meats, oily fish and eggs), probiotics (such as kefir or fermented vegetables), sulphur rich foods (garlic and veggies like cabbage, broccoli, cauliflower and Brussels sprouts) as well as omega-6 fatty acids (found in foods like poultry, eggs, flaxseed and hempseed) and omega-3 fatty acids (found in oily fish like mackerel and sardines as well as flaxseed).

Read more about food sources of vitamins and minerals for your dog.

Does Your Dog Have Fleas?

If you suspect your dog might have fleas despite your best prevention efforts, here's how you can find out:

Stand your dog on moistened paper towels. Brush him, and if little specks of dirt fall onto the towels and turn red or brown, your dog has fleas.

Treating Your Dog For Fleas

During an active flea attack, wash your dog with citrus Castile soap each week followed by a final rinse with ACV. For this rinse, use one part vinegar to ten parts water.

Use a flea comb to comb the top and underside of the tail, neck, underbelly and legs when your dog displays any signs of fleas. Keeping your dog's coat clean with daily grooming and a flea comb is essential to natural flea prevention. Once a week, wash all of your dog's bedding in hot water with a natural, unscented detergent. If your dog sleeps with you, make sure you throw your own bedding in the washer once a week too.

You'll also want to continue your regular vacuuming of carpets and floors, paying special attention to any places your dog hangs out (along with his little flea companions); and an extra diatomaceous earth carpet treatment or two can also help.

Because the flea's entire life cycle, from eggs to larvae to pupae to adults, can be as long as several months, you'll need to keep repeating these steps to make sure the flea infestation is completely gone.

Living the All Natural Lifestyle takes a special effort especially when it comes to your sweet pooch. With a bit of spring planning, you can be well on your way to a successful flea-free season without resorting to toxic chemicals.

#### About the Author Rita Hogan

Rita Hogan is the canine herbalist and cofounder of Farm Dog Naturals, an herbal product company for dogs. She has a passion for animals, herbs, the environment and the sensibility of holistic medicine. Rita lives in Olympia, Washington with her partner and their two pugs, Finnbar and Francis. For more info, visit farmdognaturals.com

# PLEASE HELP GET THIS OUT

Please read the email I received today from Dr. Furrow. One of her students has identified a cluster (7) Miniature Schnauzer (7-8years old) who have been tissue-diagnosed with a rare cancer for dogs called a Histiocytic Sarcoma. At least 2 of the seven dogs are related and there may be others related as well. It could just as easily be an environmental flag as opposed to an inherited one. All have lung involvement and she is looking to see if this is something we should put on our radar. If you have a Miniature Schnauzer that has been diagnosed with this cancer, please contact me so I can help get you directly to Dr. Furrow or you may Furrow contact Dr at furro004@umn.edu THANKS IN ADVANCE! Patti Henderson

# Heather Orr

Box 1704 Kemptville, Ontario, Canada 613-258-6378 <u>tuxndtails@gmail.com</u>

Heather has been involved with Miniature Schnauzers for 37 years. She has owned approximately 30 dogs over the years. She is a breeder and has had 20 litters from stud dogs and 9 litters from bitches over the past five years. Heather attends about 15 - 25 shows a year and concentrates on conformation. She is a member of the Canadian Kennel Club - Ontario and the Miniature Schnauzer Club of Canada and the Rideau Terrier Club – Ottawa and has served as their past Secretary and present Vice President. Heather is retired and widowed for the past five years. She would like to help others to get started in the sport. Heather's Sponsors are: Janet Smith and Catherine McMillan.

#### Eduardo Mendez

925 Fillmore Ave.,

Ogden, Utah 84404

## 801-621-8132 Eduardo8485@hotmail.com

Eduardo has been involved with Miniature Schnauzers for 6 years. He has owned approximately 3 Miniature Schnauzers over the years. He is a breeder and has had 5 litters over the past 5 years. Eduardo attends about 8 dog events per year and concentrates on conformation as well as obedience events. He is a member of the Group IV Terrier Club, Salt Lake City, Utah. Eduardo works in Administration and his special skills lie in the Computer. He is interested in helping the club with Newsletter, Rescue, Education, Membership, Ethics, and Health. Eduardo's Sponsors are: Galen Ewer and Jane Nielsen.

#### **Tim Selfridge**

1869 East 5725 South Ogden, Utah 84403 801-695-3804 <u>amistadtx@msn.com</u>

Tim has been involved with Miniature Schnauzers for 26 years. He has owned approximately 3 Miniature Schnauzers over the years. He is a breeder and has had 5 litters over the past 5 years. Tim attends about 8 dog events per year and concentrates on conformation events. He is a member of the Group IV Terrier Club, Salt Lake City, Utah. Tim is retired. His areas of expertise are computer skills and wood working. He would like to help the club out with Electronic Media and woodworking for trophies. Tim's Sponsors are: Carma Ewer and Laurie Moore.

#### Karen S. Hoffmann, D.V.M.

17520 Hardy Road, Mt. Airy, Md. 21771 410- 375-0178 <u>kshoffmann@gmail.com</u> **Karen** has been involved with Miniature Schnauzers for 50 years. She has owned many Miniature Schnauzers as well as Golden

Miniature Schnauzers as well as Golden Retrievers, Border Collies, Belgian Tervurens, and German Shepherds. She is a breeder and has bred 7 litters from her bitches and 12 from G Ch. Earthsong Remedy for the Blues. Karen attends

# **NEW APPLICANTS**

about 5 – 10 dog events per year and her concentrations are Conformation and Obedience events. She is a member of the Mt. Vernon Miniature Schnauzer Club. Karen is a Veterinarian. She is interested in serving the club in the areas of Newsletter, Education, Obedience, Agility, Ethics, and Health. Karen's Sponsors are: Shawne Imler and Carol Beagle.

#### JoAnne Scott

23100 M 78

Battle Creek, Mi. 49017 269-964-6462 \_ja.scott@comcast.net

JoAnne has been involved with Miniature Schnauzers for 40 years. She has owned at least 5 Miniature Schnauzers over that time, and is not a breeder. She has participated in Agility for 14 years and Obedience for 35 years and also Rally and Barn Hunt. JoAnne attends approximately 80 dog events a year. She belongs to the Miniature Schnauzer Club of Michigan where she is on the Top Lines and Publicity committees and writes a column called "Performance Corner" for their newsletter. JoAnne is retired. She would like to help the club out with Newsletter, Awards/ Trophies, Education, and Agility. Her special skills are knowledge in positive training techniques, good communication skills and excellent organizational skills. JoAnne's Sponsors are: Beth Santure and Lynn Baitinger.

#### Katherine ("Kathy") Means

373 Rockinghorse Drive, Grants Pass, Or. 97527

541-479-549 meansplace50@aol.com website: Sugar Pine Miniature Schnauzers **Kathy has** been involved with Miniature Schnauzers for 2 ½ years. She owns 3 Miniature Schnauzers. She is a breeder and has bred and whelped 3 litters. Kathy has participated in Conformation for 2 years. She has attended and participated in many conformation events. She belongs to Southern Oregon Terrier Association and Portland Miniature Schnauzer Club. Kathy is a Registered Nurse. She would like to help the club out with Public Awareness, Education and Health.

Kathy's Sponsors are: Lynda Berar and Laurie Moore.

#### **Cindy Bankston**

33413 S.E. Brooks Rd., Boring, Or. 97009 971-570-1506

cbarkston@yahoo.com Cindy has been involved with Miniature Schnauzers for 27 years. She has owned 3 Miniature Schnauzers over the that time and presently has 2. Cindy is not a breeder. Cindy participates in Agility (9 years),

Obedience/Rally (9 years), Earth Dog and Barn Hunt (4 years), as well as participating in Canine Freestyle and Tracking Classes and Workshops. She attends 25 - 30 dog events per year, and at least 2 weekends a month. Cindy belongs to South Oregon Terrier Association, Columbia Agility Team, Portland, Or., (Awards Chair, CPE Championships) and Performance Schnauzers Yahoo Group since 2007. She works as a Non – Profit Department Manager. Cindy would like to help the club out with Newsletter, Legislative Issues, Rescue, Public Awareness, Awards/Trophies, Education, Obedience, Agility and Health. Cindy's special skills are in event planning and coordinating, writing and editing skills, and advocating with legislators on various issues. Cindy's Sponsors are: Lynn Tamms, Cynthia Mulheron Klein, Millicent Conover, Kaye M Kirk, Marcia Dawson, Robin Ohrt, Barbara Donahue

#### **Kerrie Rousey**

670 Sausalito Blvd., Casselberry, Fl. 32707 321-299-6180 KerrieRousey@yahoo.com Kerrie has been involved with Miniature Schnauzers for 2 1/2 years. She owns a male Miniature Schnauzer that she has competed in conformation and has finished his Championship herself. She also owns a Chinese Crested, a Bichon and a Soft Coated Wheaten Terrier. Kerrie does grooming competitions with several of her dogs and also has a Dog Grooming Business. She attends approximately 50 dog events per year. Kerrie is not a breeder. Kerrie is interested in Canine Education and Health. Kerrie is a member of the Central Florida Miniature Schnauzer Club, the Soft Coated Wheaten Club of Tampa, Fl. And National Dog Groomers of America.

Kerrie's Sponsors are: Carole Weinberger and Amy Gordon.

#### Mary McArdle

686 Red Deer Road, Franktown, Co. 80116-8735 303-791-0106

#### ms.mca3920@gmail.com

Mary has been involved with Miniature Schnauzers for 14 years. She has owned two Miniature Schnauzers, one for 14 years and one for 6 years to date.She is not a breeder. She has participated in Agility, Rally and Barn Hunt Events. Mary takes part in approximately 24 Agility Trials per year and 4 to 5 Rally Events so far this year. She has just achieved a Novice Title in Barn Hunt. She belongs to Centennial State Miniature Schnauzer Club, Denver, Co., where she held office and has been on many committees, and sponsors the CMSC Yearly Picnic. Mary also belongs to the Rocky Mountain All Terrier Club, Denver, Co. Mary is retired and would like to help the club in Performance Events: Agility, Rally and Barn Hunt. She will be a good promoter of the breed. Mary's Sponsors are: Judith C. Hughes and Carole Alex

# AMSCOPE

# The Use of Genetics to Improve the Miniature Schnauzer by Sheila Facro Anderson

This is the first of a multi-part series about basic genetics presented by the AMSC Health Committee. The series will be published in AMSCOPE and the AMSC web site. The purpose is to help members and especially breeders understand how genetics can affect breeding and what we know about this to date. The series will contain information that may be familiar to the readers and some information may be new information. It is important to understand how genetics affects breeding outcomes. "Breeders are the custodians of their breed's past and future "Above all, do no harm" is a primary oath of all medical professionals. Genetic tests are powerful tools, and their use can cause significant positive or negative changes. Breeders should be counseled on how to utilize test results for the best interests of the breed" (Bell, J., 2001, AKC Gazette).

**Genetics** is the study of traits that can be inherited. Genetics is not an easy topic to learn. Starting out with terms and their



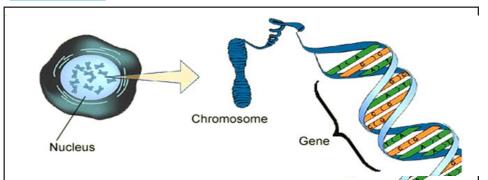
How to Access the MEMBERS ONLY section of the AMSC website

Click the Members tab in the top right hand section of the website

#### Username is: AMSC#1 Password is: Schnauzer2015 Type carefully - case sensitive!

Once in you will have access to AMSCestry and many other items of interest to our members! definitions will put everyone on the same level to go forward with the topics presented later in the series (http:// www.nlm.nih.gov/medlineplus/ency/ article/002048. htm).

In the nucleus of the cell there are strands of DNA, called a **chromosome**. **Genes** are segments of the DNA of the chromosome. In the canine there are 39 pairs of chromosomes, one set from the dam and one set from the sire. Thirty-eight of these chromosomes are called autosomes. The 39<sup>th</sup> pair are the chromosomes that determine sex. <u>https:/</u> /www.genome.gov/pages/about/ nhgri brochure 2015.pdf h t t p : / / www.bbc.co.uk/schools/gcsebitesize/ science/add aga pre 2011/celldivision/ celldivision1.shtml canine receives one set of chromosomes from the dam and one set from the sire, the progeny can have both **dominate**, both recessive or a combination of both dominate and recessive. Any time a dominant gene is received the dominate phenotype will be expressed. If a combination of a dominant and a recessive allele are received from the parents, the dominant allele will be expressed as the phenotype. There are some alleles that are **co-dominant**. the result is a blend or a hybrid of the phenotype. An example of co-dominant, alleles in humans is gene for eye color: the gene is eye color, the allele is blue, brown or a hybrid (green, hazel, etc.). See you next AMSCOPE for the next step in genetics and breeding.



Each canine has 2 copies of every geneone copy from the dam and a second copy from the stud. These copies may come in different variations, known as **alleles**, which express different traits. Alleles have specific markers or locus on the chromosome. Examining the expression of the alleles is called the **genotype**. How the canine looks is called the **phenotype**. (http://www.math.mtu.edu/~shuzhang/ MA5750/Lecture1out.pdf)

Simply put, **alleles** are either dominate, recessive or co-dominate. Since the

#### References

http://www.bbc.co.uk/schools/ gcsebitesize/science/add\_aqa\_pre\_2011/ celldivision/celldivision1.shtml

Bell, J., 2001, AKC Gazette

https://www.genome.gov/pages/about/ nhgri\_brochure\_2015.pdf

http://www.math.mtu.edu/~shuzhang/ MA5750/Lecture1out.pdfhttp:// www.nlm.nih.gov/medlineplus/ency/article/ 002048.htm

#### MAC TEST Dear AMSC Members

It is with overwhelming joy that the AMSC Health Committee announces to the AMSC members that we have been able to successfully support Dr. Giger's research on MAC with the AMSC membership funds. Based upon Dr. Giger's recent update we are at the very last and most important stage of rolling out a <u>DNA test for MAC very soon</u>. The DNA test will identify not only sick Miniature schnauzers, but also young dogs predicted to develop MAC and those carriers for MAC – it is an autosomal recessive trait and carriers remain asymptomatic but pass on the diseased/ mutant gene.

The AMSC Health Committee, on behalf of Dr Giger and team, is asking, in fact pleading, that if anyone has **a dog currently alive with** <u>Mycobacteria avium</u> to PLEASE contact Dr. Giger directly (giger@vet.upenn.edu 215-898-8830) or the Health Committee (cell: 404-401-1173 or email: AMSCHEALTHGROUP@yahoogroups.com) as soon as possible.

Dr. Giger needs freshly collected and overnight shipped small blood samples from affected (and normal) Miniature Schnauzers to test regarding immune function against MAC. This may also provide insight into any potential treatment options as current therapies have failed.

Ideally, if we can get these samples to Dr. Giger as quickly as possible we will be able to start the process of testing for this fatal disease. Those individuals who contact us with affected dogs and willing to send to Dr Giger now will have their DNA testing done for free. We cannot stress enough that samples from "affected" dogs are urgently needed to verify the accuracy of DNA test that Dr. Giger and his team have developed.

Soon we can begin the process to have Miniature Schnauzers from the US and Canada and elsewhere tested. We have little doubt from what we know that this test will **identify MAC carriers and affecteds** and clears and, at Dr. Giger's direction, we are hard at work developing a priority for testing so as not to overwhelm Dr. Giger's lab.

This call for affected cases must be disseminated & distributed as widely as possible. Once we get the word from Dr Giger we can start using it for our breed. Additional information will be coming out shortly as to how this will be accomplished breed-wide. It is likely that the first open testing call will be made to US and Canadian AMSC members and international AMSC members with Newsprint or Future Shock in the pedigree preferentially but this will be strictly defined to ensure fairness and reason. Sterile Cheek/Brush swabs will be provided by the AMSC and for this final testing phase, please contact the Health Committee at 404-401-1173 or email: AMSCHEALTHGROUP@yahoogroups.com

#### AMSC HEALTH COMMITTEE

#### 4 Proven Reasons Dogs Make us Healthier



Not only do our dogs give us the best companionship we could ask for, but they also provide an array of wellness and health benefits. While we are constantly working to provide a safe home and loving family for our pups to make them feel happy and stay healthy, it turns out that they give back to us effortlessly!

Did you know: Pet ownership saved a calculated \$11.7 billion in U.S. healthcare costs? (Via Human Animal Bond Research Initiative Releases New Economic Study)

What a truly remarkable statistic! This shows that our dogs make a real difference in our mental and physical health. Let's explore 4 studies with proven statistics where dogs have contributed to making a positive impact!

#### Dogs - Sometimes Better than Medicine

According to the British Journal of Health (2004), studies have shown that dog owners have lower blood pressure, fewer heart attacks, and lower cholesterol, as well as fewer medical problems overall than those without pets. Aside from less doctor visits, having a dog contributes to decreasing allergy and asthma symptoms, gives social support, and helps boosts positive moods and happiness levels.

#### **Dogs Help Relieve Stress**

Time and time again, dogs help relieve stress levels. A study from SUNY Buffalo (2006) took a sample of married couples with dogs who were tasked with different activities. Results showed that the lowest stress levels came from those who were allowed to see their dog before or after the task!

#### Dogs Help Children Stay Healthier

Many studies, including one by Science Daily, shows that children who grow up with dogs are prone to fewer allergies, fewer sick days, and stronger immune systems. Also, kids with Attention Deficit Hyperactivity Disorder (ADHD) benefit from have a puppy. Playing with dogs helps kids with ADHD release their energy and keeps them calmer.

#### **Dogs Help People Stay Social**

A study by Britain's Warwick University reports that about 40% of people have reported making friends is much easier because they own a dog. Think about it! What dog owner doesn't like chatting about their pup with another dog lover at the pet store or local park? Our dogs help us get out there and be a lot more social than we would be if we didn't own a pet.

Whatever activities you and your best friend like to do together, just remember that they lead to your personal wellness! So take

a look at your pup and give them an extra kiss on the head or a yummy Bil-Jac treat to show them how much you appreciate them helping to keep you healthy!

# **FAST CAT!**

**New York, N.Y.** –The American Kennel Club (AKC<sup>®</sup>), the world's largest dog registry and leading industry authority and advocate for dogs, is pleased to announce the launch of a new event called Fast CATSM.

The Fast CAT test is a timed 100-yard-dash where a dog chases a lure. Dogs are run one at a time. It is a fun and healthy activity for dogs and their owners that answers the intriguing question – how fast can my dog run? The event is open to all dogs that are at least twelve months of age and are individually registered or listed with the AKC (registered purebred, FSS, PAL or AKC Canine Partner).

"The popularity of the coursing ability test demonstrates the enthusiasm of a dog when their inner instinct is awakened," says Doug Ljungren, Vice President for Sports & Events. "Now that same enthusiasm can be timed to determine how fast your dog can run. Who knows, you many have a national caliber track star sitting next to you. The national rankings by breed will show how your dog compares.";

All AKC clubs currently licensed to hold lure coursing trials or coursing ability tests are automatically licensed to hold Fast CAT and can begin to hold events immediately. All other AKC member or licensed clubs may apply to the Performance Events Department (PerformanceEvents@akc.org) to become licensed to hold Fast CAT, provided they have the experience, equipment and location to hold a safe event. Another option is for clubs that have a suitable location but may not have the knowledge or manpower to hold Fast CAT to consider partnering with an existing AKC lure coursing club to hold Fast CAT in conjunction with their event. Fast CAT may be held as either a stand-alone event or in conjunction with other AKC events. In all cases the Fast CAT test must be applied for as a separate event with its own event number.

Additional information is posted on the AKC's Fast CAT webpage -<u>www.akc.org/events/</u>fast-cat.

# AMSCOPE

# **Bouquets & Biscuits**

\* **Ch.Minuteman The Tempest** completed the requirements for his AKC title on April 25th, at the Lewis-Clark KC. "Zephyr" is sired by Am.Can.Ch.Minuteman Up With The Birds ex Can.Ch.Minuteman Pick Your Poison and is the first champion for both. Breeder-owner handled by Catherine McMillan.

\* RATCH Arafel's Champagne Sam I Am Not UD GN GO VER RE THD JE (CH Quailridge Play It Again Sam x Garnet Rock Champagne Will Not) earned his BHA Championship April 22 at the Fargo-Moorhead Kennel Club barn hunt trials.He qualified in 5 out of 6 runs but sadly couldn't place because Mom was judging! This is Yeager's 46th title earned while competing in 8 disciplines. Yeager was bred by Patricia Schnaufer, June Glover and Susan D McGinnes and is owned, loved, trained and teamed with Liz Hawkins.



Renae Bagwell's Flash in the weaves



# Total Dog at Minipalooza Beth Santure

Our Miniature Schnauzers really are total little packages of smarts, athleticism, good looks and just plain awesomeness. A group of dedicated owner /trainers proved this at Minipalooza this past March.

The AMSC offered a prize for dogs that qualified or ribbon in at least three of the five events offered for Miniature Schnauzers during the 4 days of competition at Purina Farms. The five events held were agility, barn hunt, conformation, obedience and rally. There was no fee to enter the Total Dog competition and 29 dogs were entered. I know for a fact that a few of us got training in a new venue just to compete in Total Dog. I took up Rally a few weeks before the event so Spring and I would have an extra event in which to possibly qualify for the prize.

Exhibitors kept track of their own progress by marking the poster boards provided , stars for each "Q" in every category they received one, and also marking class placements as bragging rights. I saw many people stop and check the boards over the course of the weekend just to see everyone's progress. The breakdown of what total dogs did was this: 24 in agility, 24 in barn hunt, 3 in conformation, 18 in obedience and 28 in rally. Of the 29 entries a whopping 20 qualified for the award!

There were many extra special accomplishments in this event. Two breeders stood out with the most doas entered in the event myself with 5 Loneacre dogs and Sonny Lelle with 4 Southcross dogs entered. Sonny and I each entering a dog ourselves and both receiving the award. The dog Roadie that Sonny entered not only won the Total Dog award but was WD and BOW on Sunday at the AMSC specialty, now that IS a Total Dog! Of the 20 qualifiers only three dogs Q'd in four categories, Sue Ratz and Rockee, Beth Santure and Spring, Kaye Kirk with Reagan. Kaye and Reagan also won the \$100.00 prize offered by the AMSC health committee to the gualifying dog with a CHIC registration. Kaye gets extra kudos as she also received a Total Dog award on a second dog Maggie who was just a 6 month old puppy, wow! Every time I saw Kaye she was running, running with one of her dogs to get to a ring to show in one of the events. I don't know how she did it but she did and with a smile too. Three others entered 2 dogs for total dog and received the award with both their dogs. They were Susan Quinn with Dodger and Dixie, Leslie Cromer with Shatzi and Percy, Sue Allen Brown with Towns and Sophie. Don't know how they managed it because I was exhausted just working with one dog, great job ladies!

Conformation dogs were competitors, we had a Bronze Grand Champion, three Champions, a sweepstakes puppy ribbon winner and as previously mentioned AMSC WD on Sunday all qualifying for the Total Dog award.

Eight agility champions were also among those entered in this competition.

The prize was a red, white and blue blinged medallion with a red ribbon and the Minipalooza logo. It was awarded to the dogs and their owners before the judging of Best of Breed on Sunday afternoon by our illustrious Minipalooza show chairman John Constantine. Many stopped what they were doing to watch and applaud as all the Total Dog recipients paraded the ring. Minipalooza was a wonderful event and the Total Dog award was the icing on our breeds cake! Thank you to everyone that participated. Here are the rest of the Total Dog award winners:

Mary Ann Williams and Angel Debbie Hoy and Rosie JoAnne Scott and Ajax Lisa Denham and Forrest Barbara Koscielski and Mikey Lisa Martin and Kaia Margaret Haviland and Dyson Sonja Lund and Scheiss Heather Sidmore and Scooter

Congratulation to you all, WELL DONE! It was my pleasure to chair this Total Dog event, Beth Santure

\* Complete registered names and titles are not listed as not everyone provided those on their entry form.





AMSCOPE

Carla M. Borrelli, Editor 1799 South Creek Road Derby, NY 14047-9729

#### **UPCOMING SPECIALTIES**

Metropolitan Cleveland MSC May 28, 2016 Regular Classes: James Ham Sweepstakes: Diana Perry Chicago MSC June 18, 2016 Regular Classes: Robert Hutton Sweeps: Mrs Betty Pump Milshore MSC (back to back) July 29,2016 Regular Classes: Mareth Kipp Jay Richardson Sweepstakes: Janice Wavra Lone Star MSC July 7, 2016 Regular Classes: Sally George Sweepstakes: Darlene Davis Portland MSC January 18, 2017

#### **AMSC SPECIALTIES**

Great Western June 26.2016 Regular classes, Linda More Sweeps-Mary Paisley Montgomery Co. Oct.9, 2016 Regular classes: Jon Cole Sweeps:Linda Drost Roving Specialty-Portland Jan 21,2017 Regular classes: David Alexander Sweeps: Bonnie Keyes Great Western June 25, 2017 Regular Classes: Peggy Beisel McIlwaine Sweeps: Patty Ledgerwood Montgomery County Oct. 8, 2017 Regular Classes: Joan Huber Sweeps:Brian Bogart

#### **AMSC Board Nominations**

The Nominating Committee is seeking VOLUNTEERS who are interested in serving on the Board. This year we will be electing four Officers (1year term), four Governors (4-year term), and an AKC Delegate (currently serves a 2-year term). If you are interested or know a member who may be interested in serving our Club in this capacity, please consider the following requirements.

- -1 Nominee should be prepared to dedicate the time and effort necessary to be a productive member of the Board.
- 2 Nominee should be able to attend
- meetings (in-person and teleconference) - 3 Nominee should have the ability and
- interest to assume a leadership role. - 4 Nominee should be respected by fellow AMSC members.

If you are interested in learning more, please contact any of the Nominating Committee members listed below. *The Deadline for volunteering is Thursday, May 5.* 

2016 Nominating Committee members:Sharon Edwardssletex@verizon.net919-247-2090 cell; 301 947-8811 homeJackie Ebersbachsaxonyms@comcast.net561-644-8420Shirley Fryshifry@rockyhillschnauzers.com817-689-9904Kaye Kirkostategop@cox.net405-245-2099Denise Valverdedoggie2doodoo@yahoo.com

562-760-6507

**FOR YOUR CONVENIENCE:** The following information is given to help conduct AMSC business more efficiently. Please remember that the Secretary and the AMSCOPE editor should **BOTH** be notified of address changes, club officers and specialty results.

#### PRESIDENT

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#### VICE PRESIDENT Sharon Edwards

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